

Specimen Type	Serum	
Specimen Volume	1 mL	
Collection	Serum: Red top tube, no additives. Centrifuge the specime place in a transfer tube. Freeze Immediately.	en for 10 minutes at 3000 rpm. Remove serum and
Minimum Volume	0.500 mL	
Handling	Ship frozen on dry ice or on frozen ice packs.	
Rejection Criteria	<ul> <li>Hyperlipemic serum.</li> <li>Hemolyzed serum.</li> <li>Contaminated sera.</li> <li>Greater than 3 freeze-thaw cycles.</li> <li>Samples outside listed stability.</li> <li>Samples submitted without two unique identifier</li> </ul>	s and date of collection.
Stability	Refrigerated for 14 days Frozen for 30 days. Stable for 3 freeze-thaw cycles	
Methodology	IFA	
Reference Range	C. pneumoniae IgG C. trachomatis IgG C. psittaci IgG C. pneumoniae IgM	<1:100 <1:100 <1:100 <1:10
	C. trachomatis IgM C. psittaci IgM C. pneumoniae IgA C. trachomatis IgA	<1:10 <1:10 <1:10 <1:10 <1:10
Turn Around Time	C. psittaci IgA Up to 4 business days	<1:10
CPT Code	Chlamydia Antibody Extended Pannel - 86632 x 9 Chlamydia Panel - 86632 x 6 C. trachomatis Panel - 86632 x 3	



Clinical Significance	Chlamydia trachomatis, Chlamydophila pneumoniae, and Chlamydophila psittaci are three important species of human pathogens from the Genus Chlamydia. C. trachomatis is a very prevalent sexually transmitted disease that causes nongonococcal urethritis (NGU) and epididymitis in men; cervicitis, urethritis, and pelvic inflammatory disease in women; and infantile conjunctivitis. About 10 % of all community-acquired pneumonia cases associated with acute respiratory diseases, asthma, bronchitis, pharyngitis, and acute chest syndrome cases are caused by <i>C. pneumoniae</i> . <i>C. psittaci</i> is a zoonotic infectious agent able to infect a range of host species from mollusks to birds to mammals. Psittacosis is characterized by severe pneumonia in humans. Serological testing for diagnosing Chlamydial infections is routinely done and serves as a non-invasive tool in identification of acute and chronic Chlamydial infections. Primary Chlamydial infections are characterized by a predominant IgM response (within 2 to 4 weeks) followed by IgG and IgA response (within 6-8 weeks). In the acute phase of <i>C. pneumoniae</i> infections, IgM antibodies are usually lost within 2-6 months, IgG antibody titers rise and usually decrease slowly, while IgA antibodies decrease rapidly. IgA antibodies serve as a reliable marker for primary, chronic, and recurrent infections; following the treatment the levels of IgA return to baseline levels. Therefore, persistent levels of IgA antibodies are undicative of chronic infections. Re-infections with Chlamydia are characterized by prompt IgG response, while IgM response is not observed. IgG antibodies to persist for long periods and decline very slowly. Therefore, the presence of class IgG antibodies is mainly indicative of a Chlamydial infection at an undetermined time. A four-fold rise in IgG or high levels of IgG antibodies may be indicative of an on-going chronic or systemic infection.
	Cross-reactivity with and between Chlamydia species has been documented and is addressed by the Chlamydia IFA kit manufacturer (EuroImmun) in their product insert. See below for the tables provided by EuroImmun citing potential cross-reactivities.
Principle	Controls and samples are incubated onto the slide wells coated with purified elementary bodies of <i>C. trachomatis, C. pneumoniae</i> and <i>C. psittaci</i> followed by a washing step to remove unbound components. After 1 hour incubation with FITC- labeled conjugate, the slides are washed again, dried, and read for fluorescence.



	lg	Antibodies		<b>A</b>		Preva	
	class	substrate	samples of healthy blood donors	Sample specificity (antibodies against)	n	positive	%
		Chlamydia trachomatis	7.5%	ANA**	30	6	20%
			1.7%	Bordetella (children samples)	30	2	6.7%
			7.5%	Borrelia	30	1	3.3%
				Treponema pallidum *	30	20	66.7%
				EBV-CA	30	2	6.7%
				Legionella (Serotype 1) **	22	5	22.7%
				Campylobacter **	30	7	23.3%
				Klebsiella	11	1	9.1%
		Chlamydia pneumoniae	33.5%	ANA**	30	14	46.7%
			20.0%	Bordetella (children samples)	30	1	3.3%
			33.5%	Borrelia **	30	12	40%
	IgA			Treponema pallidum **	30	14	46.7%
				EBV-CA**	30	16	53.3%
				Legionella (Serotype 1) *	22	15	68.2%
				Campylobacter	30	11	36.7%
				Klebsiella	11	4	36.4%
		ittaci	0%	ANA	30	1	3.3%
				Bordetella (children samples)	30	0	0%
		sd		Borrelia	30	0	0%
		Chlamydia psittad		Treponema pallidum *	30	2	6.7%
				EBV-CA*	30	2	6.7%
				Legionella (Serotype 1)	22	1	4.5%
				Campylobacter	30	0	0%
				Klebsiella	11	0	0%



		Prevalence samples of Sample specificity healthy blood (antibodies against) donors		Prevalence		
lg class	Antibodies substrate			n	positive	%
	Chlamydia trachomatis	15.5%	ANA **	30	8	26.6%
		10%	Bordetella (children samples) **	30	5	16.7%
		15.5%	Borrelia *	30	13	43.3%
			Treponema pallidum *	30	17	56.7%
			EBV-CA	30	1	3.3%
			Legionella (Serotype 1) *	22	10	45.5%
			Campylobacter *	30	14	46.7%
			Klebsiella *	11	4	36.4%
	dia Chlamydia ii pneumoniae	31%	ANA	30	9	30%
		30.0%	Bordetella (children samples)	30	2	6.7%
			Borrelia *	30	17	56.7%
		31.0%	Treponema pallidum *	30	18	60%
lgG			EBV-CA*	30	17	56.7%
			Legionella (Serotype 1) **	22	11	50%
			Campylobacter *	30	20	66.7%
			Klebsiella **	11	5	45.5%
		6.5%	ANA	30	5	16.7%
		0%	Bordetella (children samples) **	30	3	10.7 %
		6.5%	Borrelia **	30	7	23.3%
	tac					30%
	Chlan psitt					10%
						13.6%
						23.3%
			Kiedsiella	11	2	18.2%
** Cros The ou	opolysaccharid	kely. not excluded. of all three Chlamy	Borrelia ** Treponema pallidum* EBV-CA Legionella (Serotype 1) ** Campylobacter ** Klebsiella ** vdia species are very similar. By between the Chlamydia species			3 13. 23. 18. brane
IgM:	IG.					
igini:		Prevalence	amples of Sample specificity	n	Prevalence	
lg class	lg Antibodies class substrate	samples of healthy blood			positive	%
		uonors				
	Chlamydia		Chlamydia pneumoniae	31	3	9.7%
	Chlamydia trachomatis	22.1%	Chlamydia pneumoniae Chlamydia psittaci	31 7	3	9.7

15.2%

3.4%

Chlamydia psittaci

Chlamydia psittaci

Chlamydia trachomatis

Chlamydia trachomatis

Chlamydia pneumoniae

The outer membranes of all three Chlamydia species are very similar. By inactivation of their membrane-bound LPS (lipopolysaccharide), cross-reactions between the Chlamydia species can be significantly reduced, but not

45

7

45

31

3

1

0

1

0%

6.7%

14.3%

3.2%

Chlamydia

pneumoniae

Chlamydia

psittaci

lgM

excluded.